

Policies

Mandatory Fundraising (for classes only)

- TPGC is a volunteer-run, non-profit organizations. Without fundraising, the gym would have operating costs exceeding what it can afford.
- Each child registered in a class must sell one case of chocolates per session.
- A post-dated cheque of \$60.00 dated **June 1, 2015** is required at the time of registration.
- Once chocolates are sold and money received, participants will receive the post-dated cheque back.
- All other fundraising is optional.

Drop-off/Pick-up Policy

- Please be on time. Warm-up is an important part of all programs. Being late also disturbs the rhythm of the class and distracts the other gymnasts.
- Parents must ensure that gymnasts are dropped-off & picked-up **inside** the building.
- TPGC staff cannot supervise children before or after programs, so please remain with your child until their program begins.
- Parent of children 4 years old and younger are asked to remain in the building during class.

Attire

- Please wear shorts and a t-shirt, or a gymnastics bodysuit and bare feet in the gym.
- No socks/tights, jewelry, belts, or buckles are allowed.
- Hair needs to be tied back.

IMPORTANT DATES TO REMEMBER

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|--------------------|--------------------------------------|
| Monday, March 23 | Spring 2015 Drop-Ins begin |
| Friday, April 3 | Good Friday (Gym closed) |
| Saturday, April 4 | Office Closed |
| Wednesday, April 8 | Spring 2015 Classes begin |
| Friday, April 24 | ProD Day Camp |
| Friday, May 8 | Last day to register for Spring 2015 |
| Tuesday, May 12 | Summer 2015 registration starts |
| Monday, May 18 | Victoria Day (Gym closed) |
| Friday, May 29 | ProD Day Camp |
| Saturday, June 20 | Year-End Event |
| Saturday, June 20 | Fall 2015 registration starts |
| Saturday, June 27 | Last day of Spring 2015 Session |
| Monday, July 6 | First day of Summer 2015 Session |

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Registration opens March 3, 2015



Photo Credit: Robert Decelis Ltd. gettyimages.ca

Terrace Peaks Gymnastics Club

Ed Fairless Memorial Gymnasium

#2 - 3091 Century Street

Thornhill, BC

Phone: (250) 638-0447

Fax: (250) 638-0405

Email: info@terracepeaks.ca

Web: www.terracepeaks.ca

Facebook: www.facebook.com/terracepeaks

Mailing Address: Box 212 Terrace, BC V8G 4A6



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|---------------|--------------------|----------------|
| Office Hours: | Tuesday/Friday | 12:00pm-3:30pm |
| | Wednesday/Thursday | 12:00pm-7:00pm |
| | Saturday | 10:00am-2:00pm |

Club Information

Terrace Peaks History

The Terrace Peaks Gymnastics Club was started in the early 1970's by John and Ellen Simon (who coached the competitive group), the principal of Clarence Michael Elementary School, and Les Orr (who coached the recreational group). These individuals volunteered their time in the belief that a gymnastics club would be beneficial to our community.

For many years the Terrace Peaks Gymnastics Club used the equipment of Clarence Michael Elementary School. This meant that every piece of equipment required for training needed to be taken out, set up, dismantled and put away each day it was used.

Ed Fairless and other dedicated parents spent many hours tirelessly moving equipment so gymnasts could train. Ed's daughters (Kris and Kim) were among the gymnasts training at that time. According to his wife, Wanda Fairless, this promoted Ed to state, "The club needs it's own gymnasium so that other parents don't need to go through what we had to go through." It was with genuine concern, the dedication of countless volunteers, and the endless hours put in by everyone involved that enable the vision of Ed Fairless to become a reality - The ED FAIRLESS MEMORIAL GYMNASIUM.

Terrace Peaks Mission Statement

Terrace Peaks Gymnastics Club strives to provide recreational and competitive gymnastics instruction for all ages and abilities. We emphasize "Safety", Team Spirit", "Fun", "Fitness", and "Progressive Development" at all levels. Our aim is to help children to develop self-confidence through mental and physical perseverance, and pride of accomplishments. It is our goal to give each athlete the opportunity to become the best gymnast he or she can become.

Terrace Peaks Board of Directors

The Terrace Peaks Board is made up of volunteers who are committed to delivering our club mission. Coming from a variety of backgrounds, the Board guides overall club planning and policy development. Board members are responsible for a portfolio that capitalizes on their experience, skills and abilities. The Board of Directors is led by an Executive Committee consisting of the President, Vice President/Past President, Treasurer and Secretary. Any parent can be nominated for the board elections at the Annual General Meeting, which is held in the fall each year.

Terrace Peaks is a not-for-profit organization. The club relies heavily on fundraising, donations, and community & government support to help with operating costs and purchasing new equipment.

Policies

Non-Refundable Membership/Insurance Fee

- All participants registering for **classes, camps**, or participating in **drop-ins** are required to purchase a \$35.00 annual Terrace Peaks Membership / Gymnastics BC Insurance fee.
- This membership is valid from September 1, 2014 to August 31, 2015.

Registration Policies

- Registration is based on a first come, first-served basis.
- Please register in-person or phone during office hours, mail or fax in the complete registration form.
- Completed registration forms must be accompanied by full payment. Registration without full payment will not be accepted.
- Payment is by cash, cheque (payable to TPGC), debit, Visa, or MasterCard. All fees include applicable taxes.
- There is a \$30.00 NSF fee for all returned cheques.
- Late registrations will **not** be pro-rated, please register before the start of the session.
- Schedule is subject to change. Classes run pending enrolment & coaching availability.
- Make-up classes are not provided unless TPGC cancels a class. Programs may be cancelled and/or rescheduled due to weather conditions or unforeseen circumstances.
- Please include your email address on the registration form as email is TPGC's preferred method of circulating information.

Trial Classes

- Trial classes are available for any of the Parent & Tot, Preschool, Kinder Gym, or CANGYM classes after the session begins, based on availability.
- The fee is \$10.00 for a 45 minute or 1 hour class and \$15.00 for a 1.5 hours class.
- This fee will be applied to the class fee if you choose to register in the program.
- Only one trial class per child is permitted.

Cancellation Policy

- Refunds will be given to all cancellation prior to the first day of classes.
- No refunds or credits are given for Drop-In fees.
- No refunds or credits are given after the first day of class, except in the case of injury or illness. Request must be accompanied with a doctor's note. 100% of the pro-rated balance will be refunded or credited toward a future program.

Family Discounts

- The second & subsequent children of a family registered in a recreational **class** during the same session will receive a 10% discount on the lowest fee(s).
- Discounts do not apply to the Terrace Peaks Membership / Gymnastics BC Insurance fee, Drop-Ins, or programs that are already discounted.
- Children registered in our competitive programs **do** count towards a registered family member and subsequent children registered in recreational classes will be eligible for the family discount.

Spring 2015 Drop-Ins

March 23 - June 27, 2015

No Drop-Ins April 3 (Good Friday), May 18 (Victoria Day)

Tickles 'n' Bounces | crawling - 5 years old

This is a parent-assisted drop-in for families with children crawling to 5 years old. It's a fun & informal introduction to gymnastics. Help your child explore the gym and interact with other children. Parent participation is required.

\$6.00 per child per Drop-In (Punch Cards - \$50.00 for 10 visits)

Monday, Tuesday, Thursday, Friday 10:00am-12:00pm

Preschool Transition | 3-5 years old

This drop-in offers preschool-aged children instructional games, introductory gymnastics skills, songs, and free time! Perfect for those transitioning between Tickles 'n' Bounces and registered classes. Parent participation is required.

\$6.00 per child per Drop-In (Punch Cards - \$50.00 for 10 visits)

Wednesday 12:30pm-2:30pm (sign-in before 12:45pm)

School-Aged | 6-12 years old

This drop-in program provides supervised open gym time for school-aged children. It's a great opportunity to check out our facility, get introduced to gymnastics, and meet new friends. No experience required.

\$12.00 per child per Drop-In (Punch Cards - \$100.00 for 10 visits)

Friday 6:30pm-8:30pm

Flips & Tricks | 13 years old and up

This drop-in program is an opportunity for teens and adults to learn skills on all gymnastics apparatus & improve their overall fitness. Set goals based on your interests and we will help you work to achieve them.

\$12.00 per participant per Drop-In (Punch Cards - \$100.00 for 10 visits)

Wednesday 7:30pm-9:30pm

Do you love gymnastics? Are you looking for a challenge?

Terrace Peaks is in search of girls ages 3-12 to join our Interclub and Developmental programs. We are looking for girls who love being active, have good listening skills, a positive attitude, and an excitement for learning. Please contact our office at (250) 638-0447 or info@terracepeaks.ca for more information.

Spring Break Camps

March 16-20, 2015

When schools out, join us in the gym for some fun! These week-long camps run Monday-Friday and include games, skill training, arts & crafts, and outdoor activities (weather permitting). *Please provide your child with healthy, nut-free snacks, lunch, and a water bottle. Please label all personal items in case of loss.*

Half-Day Camp | Preschool (born 2010-2011)

A full week of activities and gymnastics for preschoolers. A great introduction to physical activity, games, and more!

March 16-20 9:00am-12:00pm \$101.00

Full-Day Camp | Grades K-6 (born 2003-2009)

A full week of concentrated gymnastics activities. Meet new friends, learn new skills, and have lots of fun!

March 16-20 9:00am-4:00pm \$236.00

Birthday Parties

Celebrate your birthday with Terrace Peaks! Play games, use gymnastics equipment, and jump in the foam pit with certified coaches in a safe environment. You will also have time in the party room for snacks, cake, and refreshments as well as gift opening. Parents supply the food and drinks. Terrace Peaks provides the coaches, a great facility, and the clean-up.

Parties book up quickly, inquire today to avoid disappointment!

Party Prices

\$150.00 (\$135.00 for members registered in a class)

Maximum of 16 children

\$190.00 (\$175.00 for members registered in a class)

Maximum of 24 children

Party Times

Saturday:

1:30pm-3:30pm

4:00pm-6:00pm

6:30pm-8:30pm

Sunday:

11:00am-1:00pm

1:30pm-3:30pm

4:00pm-6:00pm



Spring 2015 Classes

April 8 - June 27, 2015 (12 weeks)

Parent & Tot | 18 months - 3 years old (born 2012-2013)

This is a program for parents and their youngsters to learn gymnastics in a fun exciting environment together. Children learn to roll and bounce, and how to act as part of a group. Parent participation is required.

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|------------------|------------------------|----------------|
| Wednesday | 10:00am-10:45am | \$90.00 |
| Saturday | 9:00am-9:45am | \$90.00 |

Preschool | 3-4 years old (born 2010-2011)

Ready to go! This class is great for introducing coach-led gymnastics without parents. Certified gymnastics instructors will teach your child more about what their bodies can do by jumping, landing and rolling. Children will also learn teamwork and fair play by playing games and taking turns.

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|------------------|------------------------|-----------------|
| Wednesday | 11:00am-12:00pm | \$120.00 |
| Wednesday | 3:45pm-4:45pm | \$120.00 |
| Saturday | 10:00am-11:00am | \$120.00 |

Kinder Gym | Kindergarten (born 2009)

This class will prepare children for the badge program. They will also learn proper landings, safety, and awareness in the gym. Preschool gymnastics is an asset, but not required.

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| Thursday | 3:45pm-4:45pm | \$120.00 |
| Saturday | 10:00am-11:00am | \$120.00 |

CANGYM | Grades 1-7 (born 2002-2008)

The nation-wide CANGYM program focuses on the development of all gymnastics skills. Boys and girls will progress at their own pace through 7 badge levels. No experience required.

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| Wednesday | 5:00pm-6:30pm | \$180.00 |
| Thursday | 5:00pm-6:30pm | \$180.00 |
| Saturday | 11:15am-12:45pm | \$180.00 |

Acro | Grade 3-7 (born 2002-2006)

For girls who want to develop more acrobatic skills, walkovers, aerials, flexibility, and dynamic leaps. Short choreography, creative movement, and dance steps will be incorporated. This class is great additional training for dancers, skaters, and gymnasts. No experience required.

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| Wednesday | 6:30pm-8:00pm | \$180.00 |
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Spring 2015 Classes

Parkour | Grade 3-12 (born 1997-2006)

For boys and girls that are interested in less traditional gymnastics, but still enjoy being in the gym on the equipment. Parkour includes obstacle courses, running, climbing, swinging, vaulting, jumping, and rolling in a safe environment. No experience required.

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| Thursday | 6:30pm-8:00pm | \$180.00 |
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Annual Year-End Event!

Mark your calendars for the annual Year-End Event for all members registered in classes! During the Spring Session, you will see your kids dancing & tumbling as they prepare for their display. There will also be awards and a pot-luck.

DATE: Saturday, June 20, 2015

TIME: 2:00pm-5:00pm

LOCATION: Terrace Peaks Gymnastics Club
Ed Fairless Memorial Gymnasium

More details will be announced in June.

ProD Day Camps 2015

Join us in the gym on each ProD Day for a full-day of fun away from school. Children will spend the day participating in games, skill training, arts & crafts, and outdoor activities (weather permitting). Terrace Peaks will also provide participants with two healthy snacks. *Please provide your child with a nut-free lunch and a water bottle. Please label all personal items in case of loss.*

Bring a Friend Camp | Grades K-6

Bring your friend or sibling to experience the fun and joy of gymnastics. Pay for one and a friend gets in for free! Friend must be pre-registered for camp.

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| April 24 | 9:00am-4:00pm | \$45.00 |
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Pajama Day Camp | Grades K-6

Wear your PJs and bring a stuffed animal for some sleepover-themed fun. There will be games, popcorn, and more!

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| May 29 | 9:00am-4:00pm | \$45.00 |
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**REDUCED
PRICE!**