

Adult Fun & Fitness

FIRST TIME HERE?

Welcome to Teen/Adult Fun & Fitness Drop-In. Here is some helpful & important information to keep in mind while participating in Teen/Adult Fun & Fitness at Terrace Peaks Gymnastics Club.

AGES	18 years old and up
DAYS	Mondays
TIMES	7:30pm - 9:00pm
COST	\$15.00 per child per Drop-In Drop-In Punch Cards - \$135.00 for 10 visits

Policies & Rules:

1. The \$39.60 annual Gymnastics BC insurance must be purchased, and the form filled out and signed on the **first visit**, the drop-in fee will be waived. The \$15.00 annual TPGC Membership fee is paid on the second visit, drop-in fee is waived.
2. Drop-In fees are non-refundable.
3. Drop-In operates on a first come, first-served basis with a maximum capacity of 10 participants per drop-in. [Pre-registration](#) is available. There needs to be a minimum of 4 participants for Drop-In to run.
4. For safety, please follow all posted [Gym Rules](#), including bare feet in the gym and have respect for all equipment and people in the gym.
5. Trampoline use is not permitted.
6. Bullying and inappropriate behaviour will not be tolerated and may result in removal from drop-in. Terrace Peaks adheres to the following No Bullying policy:
 - i. Verbal warning
 - ii. Asked to leave
 - iii. Meeting with Gym Manager and possibility of suspension from drop-in
 - iv. Termination of gymnastics membership

HAVE A FUN & SAFE TIME IN THE GYM!